



MEREDITH HAMMOND

LICENSED PROFESSIONAL COUNSELOR
CONTINUING EDUCATION PROVIDER
CONSULTANT & SPEAKER



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INTRODUCTION

Meredith Hammond is a Licensed Professional Counselor, EMDR Certified Therapist, EMDRIA-Approved Consultant, ADHD-Certified Clinical Services Provider (CCSP), Registered Play Therapist-Supervisor™, and Synergetic Play Therapist™. She is also an EMDRIA continuing education provider and the owner of a thriving private practice in Westminster, Colorado.

Meredith specializes in relationship work, trauma recovery, and supporting individuals and families through life's most challenging transitions. Her presentations integrate her clinical expertise with warmth, creativity, and real-world strategies. Whether she's speaking on family dynamics, mental health, parenting, or neurodivergence, Meredith brings compassion, clarity, and an engaging presence that resonates with both professionals and community audiences. Her unique approach blends somatic and play-based modalities with evidence-based interventions to foster growth, regulation, and resilience across the lifespan.

SPEAKING TOPICS INCLUDE:

- **Understanding Neurodivergence:** Supporting Diverse Minds in a Neurotypical World
- **Executive Functioning & Motivation:** Tools that Actually Work for ADHD
- **Raising Resilient Kids:** Building Emotional Safety & Coping Skills at Home
- **Helping Teens Build Social Confidence:** Tools for Real-Life Interactions
- **Moving Through Trauma:** How Physical Movement Supports Emotional Healing
- **Anxiety 101:** What It Is, Why It Happens, and What You Can Do
- **Supporting Mental Health in Later Life:** A Broader Look at Aging and Wellbeing

PRESENTATION STYLES:

Keynotes | Workshops | Community Trainings

- Available for in-person or virtual events
- Tailored content for parents, educators, therapists, healthcare teams, and corporate wellness
- Open to additional topics and happy to collaborate on presentations that meet your audience's specific needs.

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SPEAKING & PRESENTATION FEES

60-MINUTE PRESENTATION	\$500
45-MINUTE PRESENTATION	\$375
30-MINUTE PRESENTATION	\$250
HALF-DAY WORKSHOP	\$1200
FULL-DAY WORKSHOP	\$2000

WHAT'S INCLUDED

All presentation fees include content prep, slide creation, and planning calls. Fees also cover the tech setup: platform configuration, link testing, upload of materials, breakout room/poll/chat prep, and coordination with host.

TRAVEL EXPENSES

Travel expenses such as mileage, lodging, airfare, or per diem are billed separately. Additional fees may apply for events outside the Denver metro area.

RECORDING POLICY

Recording is permitted only with written consent. Licensing fees may apply for reuse, redistribution, or internal trainings.

PAYMENT TERMS

A 50% deposit is required at booking. Remaining balance is due at the day of the event.

CANCELLATION POLICY

Cancellations within 7 days may be subject to a 50% cancellation fee.

WANT MORE?

Discounts available for multi-session packages or recurring trainings. Ask about custom workshops, keynote series, or breakout sessions!

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PAYMENT INFORMATION

To confirm your booking, please choose one of the following payment options:

Please note: Quick payment links are for 60-minute sessions only. Additional payments, including deposits and balances for half-day and full-day events, will be sent via a Square Invoice.

PAY BY CREDIT CARD

To Pay the **Deposit Only**: <https://square.link/u/r3TejYss>

To Pay the **Full Amount**: <https://square.link/u/C1y9duFX>

SCAN TO PAY

Use your phone's camera to scan the QR code for instant checkout.



60-Minute Presentation
DEPOSIT ONLY

<https://square.link/u/r3TejYss>



60-Minute Presentation
PAY IN FULL

<https://square.link/u/C1y9duFX>

PAY BY MAIL

Make checks payable to:

Meredith Hammond, LPC

12213 Pecos St Suite 200 Westminster, CO 80234

*Please include the event name/date in the memo line if paying by mail.